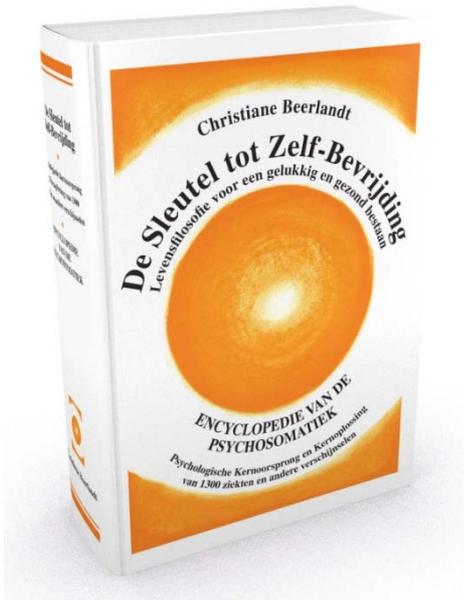
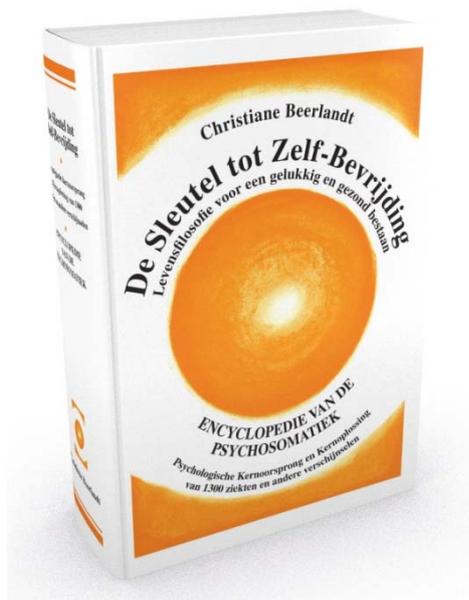


# Christiane Beerlandt

The Key to Self-Liberation – Encyclopedia of Psychosomatics  
and Other Works

## - PORTFOLIO -





# THE REFERENCE WORK ON THE RELATIONSHIP BETWEEN BODY AND MIND

Author .....	Christiane Beerlandt from Belgium (Flanders)
Original Title .....	De Sleutel tot Zelf-Bevrijding Encyclopedie van de Psychosomatiek
Original Language .....	Dutch (Flemish)
Number of Words .....	more than 800,000
English Title .....	The Key to Self-Liberation Encyclopedia of Psychosomatics
Publisher .....	Beerlandt Publications, Lierde, Belgium
Content .....	1) Life Philosophy for a Happy and Healthy Existence 2) Psychological Origins and Solutions of 1,300 Diseases and Other Phenomena 3) Symbolism of the Organs and other Parts of the Body 4) Practical Guidelines to Take your Own Life in Hand, How To Deal with Emotions, and Much More.
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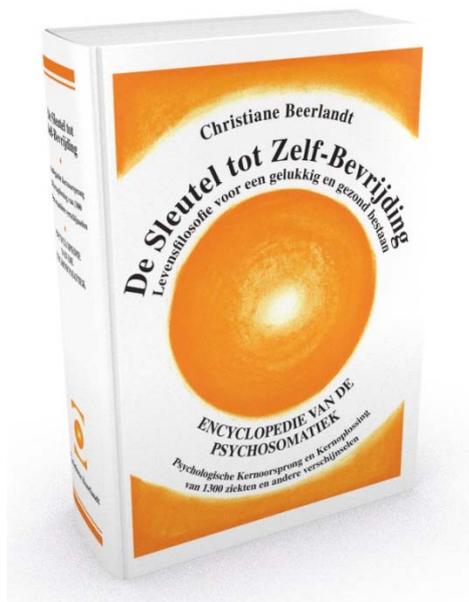
Up till now, more than 200,000 copies of this voluminous work have been sold at a retail price of approximately \$ 65.00. More than 20 years after its first publication, sales figures of this book remain stable (14,000 copies in 2015). Therefore, it is not only a **best seller** but also an **ever seller**.

# The Key to Self-Liberation

Life Philosophy for a Happy and Healthy Existence

ENCYCLOPEDIA OF PSYCHOSOMATICS

Fundamental Origins and Solutions of  
**1,300** Diseases and Other Phenomena  
on a Psychological-Emotional Level



## A COMPREHENSIVE SELF-HELP BOOK

Discover the deepest psychological-emotional undercurrents of ailments such as asthma, headaches, knee problems, allergies, ADHD, a sore throat, depression, cancer, ulcers, eczema, diarrhoea, nicotine addiction, hypertension, etc., etc. ... and see how you can do something about it yourself.



You will probably agree that the psyche and emotions have an important influence on the body — on the origin *and* healing of illnesses.

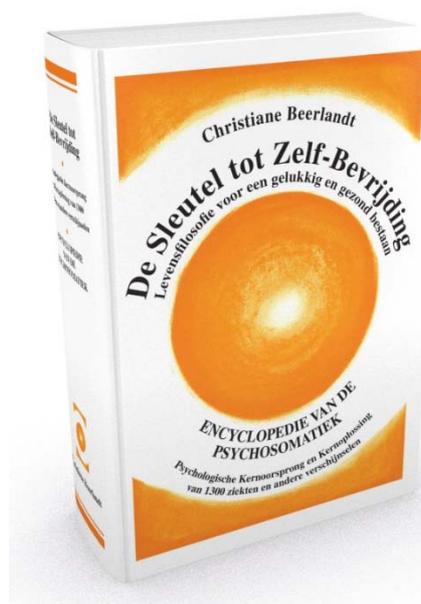
Renowned Belgian author **Christiane Beerlandt** uses her special giftedness to show how one's deepest feelings (anger, sadness, etc.), psychological patterns, beliefs, expectations, self-image, etc., are at the root of disease or health. Her work has gained widespread appreciation among laypersons as well as professional health workers. Many years of experience with this thick book have shown spectacular results in people who used the texts for their personal development.

The author is not at all against medicine or other remedies from the outside. However, she underlines the importance of the fact that one has to work, in the meantime, on the 'true' healing of an ailment. The **fundamental** healing of an illness will only take place when one realizes and solves its fundamental cause: and that happens on a deeper level than the purely physiological or chemical.

“Christiane, I was just introduced to your book and am so excited about it. I have read other books going into the emotional undercurrents that manifest physically, however, they do not hold a candle to your book. The book is so outstanding that I have not been able to put it down. I read my first book with this premise in 1975, much later another author came out with a similar book. However, in comparison to your book they are quite elementary! You truly have an incredible gift to share with the world. I just got back from P. where I met with Dr. A.B., an incredible homeopathic/physician. He was beside himself while looking at the book! and kept saying ‘where did you get this?, where did you get this?’ He couldn’t put the book down nor could Dr. G.” *Cecilia Rose, Houston, Texas, USA*

**EXCERPT FROM**

# The Key to Self-Liberation



## ENCYCLOPEDIA OF PSYCHOSOMATICS

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**Please see an excerpt  
on the following pages.**

## Below are some more testimonials.

“I Salute and thank Madam Christiane Beerlandt for her Wonderful, Genius and Outstanding work put out in her book ‘The Key to Self-Liberation’. I practice Hypnotherapy and I am immensely helped in using the root causes given in the book. I look forward for her forthcoming titles in English.

Best of Luck. Great Work!!!”

*Hemant Ogale, India*

Dear Ms. Beerlandt,

I really want to express my thankfulness for your book “The Key to Self-Liberation.” I am a physician and I consider this book to offer a wonderful complementarity with the medical approach. If every health worker could integrate this into his or her practice, much progress would be made on our planet.

Sincerely yours,

*Dr. Philip Grimard, MD, France*

“Hello! I'm reading in your book – again ... I'm 45 years old, and have read a lot of spiritual and health oriented books. “The Key to Self-Liberation,” I must say, is the most valuable book I have ever read. The frequency you are using is just so... pure. I am eagerly awaiting more of your books being translated into English...”

*Susanna Bokstam, Sweden*

master. You have to play a certain role, but you don't have true contact with your deepest Self; your basic instincts, your psychological survival instinct, and the early sexuality sometimes come too strongly to the fore. This is all because you are not yet able to direct your life yourself in a Self-assured and Aware way.

*Transform these inner powers into energetic action and self-realization: don't flee into a shell, but feel protected in your safe, deepest Self. Listen to this inner voice; don't allow your feelings to be looked into if you don't wish it; don't allow yourself to be hurt by others, but don't hide yourself away from your own feelings and potential energies, because this only leads to powerless frustration. Mark off your terrain; no one has to aim spotlights at you; it is you who has to express your opinion, your creativity. No longer bottle it up; dare, in love, to experience yourself to the fullest. Discover the peace in yourself, the unity, by being consistent: live in honest contact with your deepest being, without outwardly playing a role to please others. Transform aggression and suffocation into resolute, constructive Action!*

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## CHILL, COLD SHIVERS

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Insufficiently present in your own warmth, in your heart; you are insufficiently aware of your worth. You block the love for yourself; you block life energies.

You cannot truly be yourself because you recoil too much in anxiety and chilliness.

All energies in your body constrict, so to speak: your spiritual attention fixates on *one* point; you bind yourself, you reject, you draw back into yourself. You put a muzzle on yourself; your broad thinking capacity limits itself now; a concentrated energy in your head, chilled spirit, too little earth.

Sharp energies that are driven to a peak are penetrating your brain, your body; you allow yourself to be pulled along in a stream of light energies that are called up out of fear.

Anxiety is the cause of your calling up sharp energies which shut you off emotionally from the outer world so that you no longer really want to think, so that you would rather draw back into yourself. Sometimes it all becomes too much for you.

Wrap yourself with the warmth of your heart: come out of your house instead of locking yourself up. Don't block yourself in; don't be afraid of being yourself. Allow energies to exist freely; express yourself; don't be afraid to be the way you are. Dare to burst open with all your powers and possibilities, feel the earth beneath your feet, bid yourself welcome amongst others, don't tie your nature down. Speak and sing! When you don't acknowledge your warm heart-center, anxiety and coldness will dominate your life. Allow life energies to flow freely. Don't lock yourself up in chilly isolation. Powerful consciousness in a warm body.

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## THE CHIN

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### Psychological correspondence

An antenna directed toward earth; carrying your face. Knowing yourself to be safe on your foundation. A strong grounding, being rooted in your deepest Self. The Power of Unity within yourself. A reflection of your self-assuredness, of your strong inner essence, the radiating sun center in yourself. No masks, no lies, no weakness.

Resolutely going on in life, without detours, without hesitations. Leadership in your Self; all authority and support lies in your Self. Feeling warm and welcome with your fellow men without question, without forcing, because you love yourself the way

you are. When you are whole, satisfied with yourself, without inner discord, then you will not experience a wall between you and other people, then you don't have to ask pointedly for affirmation.

An harmonious merging of heaven and earth, of your living Self and your earthly body.

### **Ailments of the chin**

Are you insufficiently grounded in yourself? Do you feel unsafe? Do you withdraw from your own roots, from your deepest Self, from the Consciousness that propels your body? Then you only live on the surface, and you feel unsafe, weak, unsure. Your chin will be sharply and aggressively on guard, ready to defend itself or to attack. When you don't place value and Authority inside yourself, you will become dependent on confirmations, on affirmation from the outside world. Your outer Image will become more important than the way you feel inwardly. Insecurity is compensated for by fighting spirit, by glittering outwardly. Do you find nothing to hold on to? Do you feel anxious? Don't look for it outside yourself! Do you only acknowledge the "spirit" and ignore the physical, the enjoying, the physical pleasures?... Do you think that your foundation, your deep feelings and longings, are "bad"? Do you not trust yourself?

Too little grounding leads to unbalance: come with both feet on the ground and put your trust in your total Self, don't put up any stop-signs. Don't lift your chin too high above the earthly: dare to be human amongst humans, feel welcome, don't withdraw.

On the other hand: do you allow yourself to be led by materialism, by the physical, by sexual lust or other compulsions? Bring yourself in contact with your deep Essence and stop fooling yourself by thinking you are not worth anything, that you are but a weakling; these are only convictions. Get a hold of your self and direct your emotional-world

in a self-aware way, without becoming a slave to it.

Become master over yourself, not over others, which would only be a frustrated reaction to the feelings of powerlessness inside yourself. Be proud of your content, not of your masquerade or your act. Experience the unity in yourself and don't place a thick wall between yourself and others. Is your attitude toward yourself so condemning and critical? Then you will also approach others too critically. Self-contentment leads to friendship.

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## **CHOLERA**

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You consider yourself an anonymous element that ought to show love to something greater and higher above itself, to a super-god. You aren't aware enough of your own divinity, of your Powerful creative center. You surrender to the passion of love and hate; you let yourself be dragged along by emotions, by religions, by the opinion of the masses — you are being absorbed, sucked up by great energies over which, according to your convictions, you have no say. You think your safety doesn't lie inside yourself, but that it depends on something or someone else, on a god, a devil or on Destiny. You allow yourself to "be lived": this leads to even more miserable circumstances — it makes you angry, aggressive, wanting to call out loudly for attention. As a people or race, feeling lost in this condition of unawareness, of powerlessness, of self-deception ("We are but helpless poor souls, unable to change our situation."). You become increasingly more anxious about the grip of evil until the "evil" absolutely strikes. Helpless, you throw your arms in the sky, toward the rest of the world. . . .

*Negative expectations about the future, and a fatalistic vision regarding existence, only*

*perpetuate miserable situations. Every individual may come to holy self-respect, marking the borders around the sanctuary of his being. Self-respect. Insight into the possibilities of programming the world differently: first of all realizing that no one — no god nor commandment — outside ourselves will offer rescue. That we ourselves are responsible for the life that we now lead, and that we are able to change this in the future. Not by feelings of aggression and revolt, which only worsen the negativity in the world. But by resolute projection in love and longing toward the future. By the belief in these creative powers of the human being (and mankind), changes will be created in the world which finally will lead to the solution of misery. If, however, you believe in the powerlessness of humanity — in its defenselessness, in its evilness and guilt — then this blindness hinders the healing of the Earth and the recovery from all epidemics which have come into existence as a result of despair and of the belief in the powerlessness of mankind. Faith, Love, and the achieving of Consciousness by the human being (and mankind) means also reaching “immunity” against whatever illness. (See Part I.)*

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## CHOLESTEROL LEVEL, TOO HIGH

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Your natural aggression is being restrained; a holding-on to ideals, to dreams, but without really coming to action in your life! Yes, you do a lot, but only “to give a good impression” or to achieve or to win a trophy or a competition, or you play the clown to satisfy others. You project your deeper longings or dreams toward the future, limiting your life, even putting your head in the sand. You don’t really build from the here-and-now. “Ah, it will come one day” — good

fortune. Meanwhile, you drift about in a life that is too restricted. You believe in a lucky horseshoe or in a saint, but you don’t make use of your own creative possibilities. You retain sadness from the past, virtuously following rules that have been put upon you by systems or religions; you neglect the spontaneous, happy child within you! You are so serious in your heart, while life is *one* joyful stream, but you refuse to feel this joyful heart; with steely sternness you constantly grill yourself (on a metal gridiron, as it were): “What have I done wrong today?” You forget to enjoy. As long as everything looks good and beautiful on the surface. You completely constrict yourself in order to satisfy the judgment of others — you don’t really *live*; you are unfaithful to your deep, natural, spontaneous nature. You are plainly afraid to truly experience joy, to surrender to this endless stream of life. Is this perhaps because you think that in the end you will die anyway? Do you prefer a slow departure from this life, with the prospect of death? In this way, you deprive yourself of all joy.

*Now, realize your own dreams! Liberation, resurrection! No one dies if he does not wish to. Stir yourself and exploit all your possibilities. Allow joy to free your veins in gratitude for life. Leave the past behind and go on: build your own castle; don’t let life pass you by. Complete surrender to yourself; come out of your shell in honest openness instead of playing a social role. Be YOURSELF in all your facets! The child in you is truly King: follow this simple heart, these intuitive, natural powers. Don’t hide yourself in sadness or dark thoughts. Become master over your life and play the game of life in a grand way, taking up all your space. . . .*

A cholesterol level that is “too high” or “too low” — this is a very relative notion. A level that is perfect for one person might be too high for someone else, or vice versa.

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## CHROME

Deficiency, insufficient assimilation of

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You feel yourself cold and at the mercy of others, unable to guide your life in a well-determined direction. You surrender; you have difficulty seeing a solution; it all doesn't matter anymore. You are angry because you make compromises that betray your own nature and longings, but, after all, you bear the burdens. Possibly, you live or work in "forced servitude," or you are being confronted in a hard way with your own nature, with your feelings, although you would rather have kept them hidden: others now also seem to have their say in it. You are insufficiently grounded in your own roots, so that problems in communication can occur. You'd like to get a grip on others, but they only seem to have power over you. You refuse to look for depth and power in yourself; a refusal to transform, to acknowledge your own powers of consciousness. Out of sheer necessity, you yield to the so-called "authority" of another, because you refuse to acknowledge the authority in yourself. Possibly, painful memories from the past are burdening you; instead of evolving onward in a self-aware way, you try to get a grip on everything and everyone, but you realize soon enough that this is of no use.

*Live from out of yourself: stand behind something completely or don't do it. Come to beautiful cooperation with others, to unity in yourself. Don't dredge up problems from the past; no longer carry needless burdens on your shoulders. Be alert and critical in a healthy way: allow Mars powers to break through in active self-realization. Transformation: work on yourself, free yourself, be faithful to your nature. Work, labor, on yourself, toward depth, toward height, toward all regions! Don't reach outside yourself, but discover this fundamental power in your Self. Place inside you all Authority over your life.*

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## CLAUSTROPHOBIA

fear of confined places

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You are filled to the brim with energies: with sad emotions, anxieties, as well as with a richness of creativity! But you run away from yourself, especially from the small child in you, who asks to express itself in a free, natural way. This mass of suppressed powers — sadness, anxieties — asks for complete liberation, like an erupting volcano.

You suffocate yourself with anxieties and the feeling of not being safe in yourself. Trust in your own powerful self is lacking!

You yearn for space, space — and you cannot get enough oxygen — but in fact you ignore the space of your "I": you run away from it!

*Come into yourself, resolutely and self-aware! Come to fusion with yourself: draw the poor, helpless child close to you instead of abandoning it and taking flight.*

*Come close to yourself in tenderness and love: on your strong basis. Love for yourself drives away anxiety and panic. Rest and balance will be found when you resolutely and consciously take hold of yourself in order to look at your deeper feelings and powers and to allow them to exist freely, under your mastery. Free yourself from the grip of power: let your anxieties, your emotions, go free — don't run away! No longer be afraid of your deep essence, your deep feelings.*

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## CLEFT LIP — CLEFT PALATE, CONGENITAL

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Here, we're not dealing with an illness. Just look at the reasons why your Self-core gives you this signal at birth. It doesn't have to

disappear at all! Truth, goodness, and beauty follow each other naturally.

You are born with a certain conviction regarding yourself: your body translates this conviction. Therefore, negative convictions ask for a psychological growth and transformation into positive thoughts so that inner harmony and joy will be the result.

You have the feeling that others dominate you and that you are not worth very much. You feel yourself to be inferior.

You think that others “force their way into you”; you think they will again rape you psychologically; you hide yourself anxiously; you look for shelter; you look for a hold somewhere. Sometimes, you’d prefer to withdraw, to close yourself up: no one has any say over you after all! You’ve allowed others to treat you the way they wanted, allowing yourself to be hurt, because you insufficiently believe in yourself. Instead of manifesting yourself resolutely and taking action, you withdraw.

It is very possible that, as a consequence of your negative convictions regarding yourself, you actually have attracted an environment that even intensifies your negative thoughts! Therefore, it’s through such a confrontation that you can solve your problems!

*Now, be completely open to yourself, to your worth and possibilities; no longer push yourself into the background, and allow yourself to be truly born now, independent of others, in love for yourself. Only then can you really grow from out of your own basis, not from out of that “which a society or others expect from you.”*

*Dare to be yourself; come to true consciousness: come into contact with that which is deepest in yourself, with your intuition, and now determine entirely your life path! Become aware of the value of content and of the relativity of image and outer appearance. Come to the essence of yourself, to the core of life, and be faithful to your unique nature; no one but you can indicate*

*the direction which is good for you. Determine your limits regarding others, and achieve communication with the people whom you wish to encounter; don’t allow anything to be forced upon you.*

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## COBALT

### Deficiency, insufficient assimilation of

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Crushing anxiety; you feel irretrievably lost; powerless in the face of your overwhelming emotional content. You think you are being manipulated by Destiny, by your those who raise you, by those who would squeeze you, oppress you, hold you — you cannot get a grip on anything. You drop yourself, so to speak. . . .

*Determine your life yourself, no longer allowing yourself to be dominated or suffocated by others; feel Protected by the powers of your deepest Self; be fearless, but resolutely take hold of your rudder. Change your false convictions: you are not a weak, powerless creature. Nothing, or no one, has a hold on your life unless you allow it yourself; Destiny does not exist unless you call it into being; create your life according to your longings.*

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## COLDS

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You but live behind a chilly “death mask”; you withdraw from life somewhat because you don’t connect with your warm, joyful, inner Center.

Your head is ravaged; it is as if your head is empty, but it is full to bursting: filled with all sorts of things, because you constantly are working at something outside yourself in-

stead of existing yourself and living from out of your warm essence.

You chisel a sculpture instead of chiseling yourself. You feel cold, gray, sad, small: you don't place yourself in the warm sun center; you would rather retreat; you hide behind a dark mask. You think you cannot *really* take your life in your own hands; you allow yourself to "*be* lived." You don't place mastery and Authority over your nature, over your life in yourself!

(Moreover, you are convinced that you can be a victim of a psychological as well as a bacterial infection. You don't believe in individual immunity: you are a follower, or you take on certain traditional ideas from the anonymous mass. Because of this, you will of course be infected on all kinds of levels.)

You don't truly *live!* Where is that warmth of life, the joy deep inside yourself? Are you cut off from your warm heart because you don't believe in the power and authority of your deepest Self?

You underestimate the divine abilities of a human being: you can create your life *yourself*; you are not the victim of circumstance; you need to build up your personal ideas, independent of the expectations of others. Don't expect love and warmth from others if you haven't first welcomed yourself warmheartedly, if your body has not first received the radiant power, full of love, from your Self, your Heart. Free yourself from the somber, negative thoughts you have absorbed from the outer world. You are naturally immune (See Infections). You don't need to protect yourself against dim surroundings with a dark mask, because you are naturally protected in your Self. Come forth in life with all your power and warm energies. No one can infect you; enjoy life without anxieties. You are not a sad, poor, minuscule individual! Every human being possesses the ability to build up his life as an Authority, in joy: feel this completeness in yourself and stop degrading yourself, pushing yourself aside.

Dare to inhale the most beautiful fragrances of life, and don't shut yourself off from

them! Don't close yourself off from joyful participation in life! Don't pile things up in your head, like a machine, but integrate only that which you wish to take in — that which is in accord with your heart. You are not a wooden doll: allow warm energies, emotions, personal longings, all to circulate freely. Don't belie your nature in social relationships. Don't kill your nature, life in your existence, by exaggerated "thinking and brooding" or by a structure which oppresses you, in which there is no longer room for spontaneous, enjoyable existence. Make it warm and cozy for yourself; bring about changes in an existence that is too cold, too deadly, and too sad. Now, you also close yourself off from the world around you in order to be able first to find rest with yourself, and delightfully spoil yourself. Don't fight against this.

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## COLD SORE

### herpes labialis

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You long to stretch yourself, to blossom out of a tightly strung psychological situation; impatience, irritation — because you aren't, or can't, be yourself.

You want to say something, express your feelings and personal opinions, but you are being stopped, held back, and you keep silent. From fear of not being accepted or loved by others, you don't express yourself enough.

You feel squeezed, tied down; then, you often force yourself to get out of it.

With a heavy head, you inwardly direct your irritation or accusations toward those who — so you think — don't let you be who you are; it is you, however, who lives on half your strength, in anxiety and sadness, feeling yourself too small.

Do you allow your life to be too strongly influenced by authorities outside yourself (parents, partner. . .)? This irritates you inwardly, but you bottle up your anger. By not

trusting your own basis, you see everything in fragments, pulled apart into details, you can't get a perspective. In this way you sometimes feel anxious because you can't get a grip on yourself and because you are too dependent.

*Be faithful to your nature, dare to be yourself; express yourself!*

*No one can live or speak in your place: in self-confidence, be aware of the uniqueness of your being. The little bird will first have to spit out something before it can sing the way it's meant to: actually, there's insufficient confidence in what it feels, itself. Speak up and say what you feel: in this way you are faithful to yourself and, in dialogue with someone else, you can both grow. Build your life on your own authority.*

*When the time is ripe, joyfully say goodbye to previous "teachers" or systems that used to make you feel good. Look for the right path for yourself, via your intuition and inner wisdom.*

*Feel how energies are ready to let you grow; free yourself.*

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## COMA

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Nature covers you with a friendly, protecting gesture: now you are safe. You really wanted to be *gone*, to step out of time, unconsciously go toward death, because you long for rest, because you experience yourself to be powerless, unable to solve one or more problems in your life, or "have" life the way you would like it to be.

This is an emotional reaction: you sit there, as it were, in your little hole, in a safe womb where you no longer have to bear any responsibilities, where no one can hurt you.

Possibly, you fled from an obstacle in your life. You would have had to go through it, but you did not dare. You probably knew unconsciously that you were not on your *real* path, on the right path of life, but did not

dare do otherwise. You have now *fled from transformation, from change*. Emotionally it became too much for you; you felt powerless, seized by something of which you could not get a clear perspective. Anxiety.

Possibly, you also have placed "conditions" on life (and have not obtained their fulfillment) instead of *thankfully* and *receptively* throwing yourself in unconditional surrender into the arms of life. "BEING," "LIVING" . . . as "YOU"!?

*A person who is in a coma will make the choice to live or to die himself, although this choice will be made while in a rather unconscious state — on the basis of convictions. It is possible to speak to him: the deeper "I" will register the message. The feeling of safety, security, and love will make anxieties disappear. Self-trust is strengthened by the suggestion of Power and Daring, and by being Aware of the enormously strong possibilities present in every person, and so also in this human being. This trust can lead to joy. Joy leads the life energies "away" from death. The suggestion that — if he wishes it so — his life will be a promise, a rebirth, and that he is not alone in it.*

*Also tell him how Happiness is waiting for him if he lives in "thankfulness," without placing demands or conditions on life.*

*If he has reason to finally stay "away," then he is entitled to do that. In one way or another, the comatose person registers and "hears" you. Speak to him in a positive way.*

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## COMPUTER MOUSE ARM

**repetitive strain injury, RSI  
tendon inflammation caused by working too  
much, too long, with the mouse of a computer**

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It seems as if a mouse has bitten you. "Ow!" It painfully pulls in your forearm. The mo-

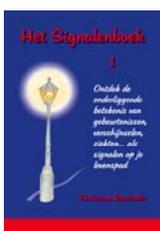
## OTHER WORKS BY CHRISTIANE BEERLANDT

Christiane Beerlandt wrote more than 20 titles in her mother tongue, Dutch (Flemish). In Dutch language, “Beerlandt” actually means BEAR land. The author started writing books out of a heartfelt concern for all the suffering of mankind, in order to help and lay the foundations of a world where there won’t exist any misery. The striking exactness, the warmth and the power of her texts make them extremely valuable to all good people who want to explore their own psychological depths and work on their personal development.



### **The Horn of Plenty** **Psychological Symbolism of Foodstuffs**

Why does someone love pears and hate apples? Why are certain people allergic to chocolate, or to mussels, etc.? What messages do foodstuffs give us regarding our personal evolution and the steps to be taken on our life’s path?



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Discover the Underlying Meaning of Happenings, Phenomena, Emotions, etc., as Signals on Your Life’s Path

A car accident, a glass that breaks, the fuses that have blown, a deep sadness, a computer virus, a mouse in your house, feeling irritated, etc., etc.. Many of these things have a “technical” origin, of course. However, they also have a deeper meaning. When they happen, something very specific is happening synchronically inside us. This book describes the “why” of about 500 different “signals,” and the lessons we can learn from them. Nothing just happens “by coincidence.” Every “signal” indicates us the steps to take in our lives in order to become happier and healthier persons.



### **If Animals Could Talk...**

Primal Symbolism in Dream and Reality  
Psychological Meaning for The Human Being

Sheep, Crocodiles, Parrots, Chimpanzees, Horses, Eagles, Bison, Snakes, etc. — they all have a special symbolic meaning and a fascinating message to the people who meet them, who like them, who dream about them, who are confronted with them, etc..



### **The Twelve Gates of Prince Sirius**

The Search for True Happiness

A philosophic fairy tale for adults, full of wisdom and deep symbolism.

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“I can tell you that I never stop promoting this book to my patients. ‘The Key to Self-Liberation’ is always appreciated enormously. I also use it at home, as I also have a copy for private use.”  
*Dr. Xavier Vanderbrempt, MD, pneumo-allergologist, Belgium*

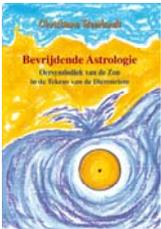
# OTHER WORKS BY CHRISTIANE BEERLANDT



## New Days

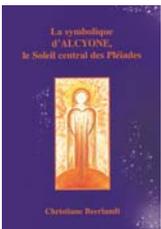
The perspective of Physical Immortality on Earth for the Human Being.  
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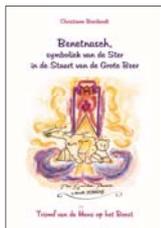
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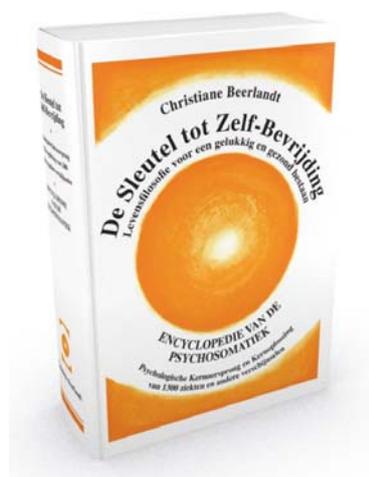
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Our company was founded in 1996 by the Belgian physician, Dr. Dirk Lippens, MD. We publish the works of the successful Belgian author Christiane Beerlandt. The original versions (more than 20 titles) are written in Dutch-Flemish language (the author's native tongue). Dr. Lippens founded our publishing house after having seen in his medical practice the immensely wholesome effect of the texts written by Christiane Beerlandt.

The Beerlandt books are absolutely unique in the world. The exactness of the information contained in them has been proven by the experience of numerous scientists and medical doctors. Although Christiane Beerlandt wrote her books with the sole intention to *help* people, without any commercial purpose, many of her works have become best sellers – and all of them are ever-sellers. They never get out of print.

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I think that this book is a valuable tool for "self-discovery" to any interested layperson. Absolutely recommended!

*Dr. Robert Eggers, MD, Germany*